I Will Survive (Courage Version)

At first, I was afraid, I was petrified

(HUDDLED ON FLOOR 4 GROUPS WITH ONE PERSON IN MIDDLE) EMPHASIS ON PETERIFIED

Kept thinking, I could never live without help by my side

LOOKING LEFT AND RIGHT AT OTHERS AROUND

But then I spent so many nights thinking, how I was so wrong

And I grew strong

STAND UP AND FLEX BOTH HANDS

and I learned how to stand alone

STEP FORWARD HANDS ON HIPS

And so I’m back

HIP SHAKING

with courage and hope

HIP SHAKING AND NODDING HEAD

I know there will be ups and downs

SOME HAVE HANDS UP SOME SQUAT DOWN

and turn arounds, but I know that I can cope

PEOPLE ON TOP WILL HELP THOSE ON GROUND STAND UP AS THEY TURN

I should have stood up for myself

TAKE TWO STEPS FORWARD

I should have lived without regrets

TAKE TWO STEPS BACK

If I had known for just one second I’d have gone with any bet!

PLACE RIGHT 1 FINGER THEN LEFT 1 FINGER AND THEN SPIRIT FINGER IT OUT

Now I know how –how to achieve

GRAPEVINE RIGHT É LEFTCLAP

What I work hard for

GRAPEVINE RIGHT AND LEFT WITH TURN

‘cuz it just leads me to succeed

Haters always gonna Hate, but let’s stay focused on the best

STEPS FORWARD WITH SWINGING ARMS

I Take courage to stand up, stand out and be better than the rest!

STEPS BACK WITH SWINGING ARMS

Cuz I know I…

POINT TO YOURSELF

I will survive!

WINDMILL ARMS BOTH DIRECTIONS

Oh, as long as I know how to fly, I know I’ll stay alive

WALK BACK AND FORWARD

I’ve got all my life to live, I’ve got all my strength to give

DISCO ROLLING HANDS IN BOTH DIRECTIONS

And I’ll survive; I will survive, hey, hey

WINDMILLS BOPPING + FIST PUPMS!

\*STEP ROUTINE\* x 4

L Stomp- clap- Lap- R Stomp- snap-lap- L stomp- clap- R Stomp- clap- lap- L Stomp- snap- lap

It took all my strength I had not to fall apart

ARMS UP FLEXED AND TURN

Kept trying hard to pass that assignments I’ve been working on

STEP TOUCH WITH ARM IN LEFT AND RIGHT X 4

And I spent, oh, so many nights just feeling sorry for myself

WAVE HANDS IN THE AIR BACK AND FORTH

I used to cry but now I hold my head up high

HANDS MOTIONING CRYING WITH HEAD DOWN THEN RAISE HANDS UP-- CLAP

And you see me, somebody new

SKI HANDS UP AND DOWN JUMPING

I’m not that person who gives up Oh no--I try and its not for you

GRAB SOMEONE AND TURN AROUND

And so you felt like dropping in and just expect me to be weak

TWO STEPS FORWARD AND TWO STEPS BACK

But now, I’m starting strong and moving on and reaching higher just for me!

FLEX, HANDS ON HIP AND THEN JUMMP + FIST PUMP

Now I know how –how to achieve,

What I work hard for

‘cuz it just leads me to succeed

Haters always gonna Hate, but let’s stay focused on the best

I Take courage to stand up, stand out and be better than the rest!

Cuz I know that I… I will survive!

Oh, as long as I know how to fly, I know I’ll stay alive

I’ve got all my life to live, I’ve got all my strength to give

And I’ll survive; I will survive, hey, hey